

Clark Fork Valley Hospital

Plains, Montana

2017 Implementation Plan



Priority 1: Substance Abuse

Objective/Strategy

- Establish primary prevention for substance abuse
- Help people receive the substance abuse care they need through improved navigation of treatment programs and resources available, better education, and appropriate crisis planning.

Tactics

- Enhanced training/education for patient care staff regarding substance abuse
- Support and grow the Local Advisory Council for Mental Health Needs (LAC) coalition to address substance abuse and mental health problems county wide
- Work with community to identify available resources and program for substance abuse intervention and preventions in the county and region.
- Maintain substance abuse prevention/treatment resource guide
- Collectively (organization-wide) provide education regarding insurance, financial assistance options, and the importance of “recovery community” support groups
- Network with treatment programs and develop the connection/network to connect people with the programs
- Develop more robust recovery support group in the county that appeals to younger people and a wider group

Programs/Resources to Commit

- 4 hours annual CFVH Provider Staff training regarding substance abuse
- Public meeting space around community
- 1 Annual community awareness event
- \$70,000 commitment over 3 years to establish a sustainable Behavioral Health Program and enhance Substance Use Disorder treatment

Impact of Programs/Resources on Health Need

- Rate of addiction, DUIs, and substance abuse in the County
- Using available survey models- Behavior Risk Factor Survey (BFRS), Youth Risk Assessment Survey (YRAS), County Health Ranking

Accountable Parties

- CFVH Staff who follow up
- Local Advisory Council for Mental Health Needs (LAC)
- CFVH
- Community members
- Individuals with substance abuse and families

Partnerships/Collaboration

- Flathead Valley Chemical Dependency
- Public Health
- Sanders County Coalition for Families (SCCF)
- Western Montana Mental Health
- Schools
- Bars

Priority 2: Primary Care

Objective/Strategy

- Improve access to primary care

Tactics

- Look for ways to extend hours of primary care availability
- Assess and identify barriers to primary care access at CFVH-Family Medicine Clinics (i.e. hrs., staffing, workflow, customer service)
- Develop action plan to address high impact issues
- Investigate the use of 340 B program to expand pharmacy after hours to aid/ allow expansion of urgent care hours.
- Investigate appropriate application of urgent care model in CFVH system- urgent care or other model to reduce outmigration after hours (as opposed to Emergency Department)
- Communicate and be more responsive to provider concerns
- Educate providers about the resources to provide a comprehensive continuum of primary care services (i.e. diabetic education, mental health, etc.)

Programs/Resources to Commit

- Funds for assessment
- Time/staff to improve primary care efficiency (as guided by assessment)
- study to investigate need for additional space in Thompson Falls, or better use of existing space (i.e. extended hours)

Impact of Programs/Resources on Health Need

- Improve patient satisfaction
- Decrease wait time for new patient appointments and urgent care needs
- Improve physical/mental health of our patients
- Greater primary care efficiency and better care coordination

Accountable Parties

- Leadership
- Clinic manager
- Providers, staff

Partnerships/Collaboration

- Clark Fork Valley Hospital
- Potentially Pharmacies (especially after hours)

Priority 3: Obesity and Healthy Lifestyles

Objective/Strategy

- Reduce County obesity rates and increase physical activity rates through focus on Healthy Lifestyles

Tactics

- Coordinate and promote initiatives towards better eating habits and more exercise opportunities
- Continue to build on current initiatives
- Create more cohesion among existing activity groups, structure
- Promote community involvement
- Increase collaboration with community stakeholders
- Seek out community leads/volunteers for groups
- Work with schools to promote health lifestyle among youth and family

Programs/Resources to Commit

- Develop 3 additional community programs addressing physical activity or healthy lifestyle
- CFVH Marketing to assist in promotion of those groups/programs already encouraging a healthy lifestyle
- Staff Commitment to organize a County Healthy Living Council

Impact of Programs/Resources on Health Need

- County Body Mass Index (BMI) Rate
- More cohesive network of activities that promote healthy lifestyles
- Diabetes
- Physical activity rate

Accountable Parties

- Clark Fork Valley Hospital Leadership
- Providers
- Community stakeholders
- Community Health Improvement Specialist

Partnerships/Collaboration

- Grocery store collaboration on samples/cooking
- After School Program for promoting healthy snacks with kids
- Food Banks
- Various exercise classes

Priority 4: Health Care Education and Outreach

Objective/Strategy

- Grow community outreach program that already exist by enhancing internal awareness among employees and external awareness among the community

Tactics (How)

- Evaluate and expand on current education and outreach opportunities
- Increase provider/clinical referrals to existing programs, and allow referrals through Epic Referrals among employees/staff; engage employees to learn and be aware of what events are going on
- Word of mouth
- “Train a trainer”
- Promote community involvement
- More promotion through community partners
- Outreach to Thompson Falls and Hot Springs
- Targeting youth population

Programs/Resources to Commit

- Staff, space/physical resources
- Investigate community facility assets
- Develop 3 additional health education community activities

Impact of Programs/Resources on Health Need

- Increased activity participation rates
- Increasing awareness of services

Accountable Parties

- Clark Fork Valley Hospital and providers

Partnerships/Collaboration

- Collaborate with schools, churches, senior centers, etc.